

# I.SWIM PROJECT



**Inclusive:**

**Swimming  
Individuality**

**Wellness  
Movement**

## COME AND JOIN US

We are delivering a range of aquatic activities under three core aims: Swimming for: Leisure, Rehabilitation and Sport. Alongside, a range of non-aquatic activities to enrich the programme and to help build confidence, engagement and fitness levels.

The activities will be user led, linking in with the wider community and mainstream activities, with key opportunities for volunteer development.

The rolling programme of activities will be accessible for a wide range of children, young people and adults with SEND and also adults aged 50+.

We're so grateful for the funding from the National Lottery Community Fund, another organisation working with us to increase swimming opportunities for those with SEND or aged 50+ in the Borough of Scarborough.

To find out more or to book visit: [www.sdsg.org.uk](http://www.sdsg.org.uk).

